| the basics of career counseling  7 steps  ***The assessment and career planning process involve 7 steps.***   1. **Bringing awareness to the need to make a career related decision.** 2. **Learn about or re-evaluate their vocational self-concept** 3. **Identify occupational alternatives** 4. **Obtain information about ones identified alternatives** 5. **Make contemplative choices with various alternatives** 6. **Make educational choices** 7. **Commence one’s vocational choices.**   **Making choices that coincide with one’s values is an essential determinant in the career choice planning process. Although counseling theories and approaches vary, the progression of one’s career path contemplation may arise within various stages of the therapy process. One may find that career counseling does not end with college, rather it becomes an important tool kit in various times throughout life. This may occur as an individual changes jobs, returns to school, moves with a spouse, or changes career fields.** |
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